

AGING RELATED TERMS AND ABBREVIATIONS

A or AN **Anson County**
A county in the geographic area of Region F

ACTIVITIES OF DAILY LIVING

ADLS

A set of movements and basic daily activities such as bathing, grooming, dressing, eating, toileting, etc. that determine an adult's level of independence and need for assistance.

ADMINISTRATION ON AGING

AoA

The federal agency mandated to implement the requirements of the Older Americans Act.

AGING DISABILITY RESOURCE CENTER

ADRC

An ADRC is an entity that provides resource information for both aging and services for those with disabilities. Some of the values of the ADRC is "one-stop" and "no-wrong door" as important to consumers in accessing services.

ADULT CARE HOME

ACH

A home that provides housing as well as personal and health care services to older adults 24 hours a day. Adult Care Homes are state licensed and may house two or more residents who need 24-hour supervision, custodial care and a protective environment. An Assisted Living model which has also been known as a "rest home", "home for the aged", or "board and care".

ADULT CARE HOME COMMUNITY ADVISORY COMMITTEE

ACHCAC

Volunteer committee, appointed by the County Commissions, acting as a representative of the community to assure quality of care and uphold the Bill of Rights in adult care and family care homes.

ADULT DAY CARE/ADULT DAY HEALTH

ADC/ADH

An organization that provides daytime care for older adults who cannot stay alone and who require assistance with social and health needs.

ADULT PROTECTIVE SERVICES

APS

A program within the county Department of Social Services that evaluates situations of abuse, neglect, or exploitation of disabled adults.

**AGING RESOURCES MANAGEMENT SYSTEM
ARMS**

The computer system used by the North Carolina Division of Aging and aging network to track clients.

**AMERICAN ASSOCIATION OF HOMES & SERVICES FOR THE AGING
AAHSA**

A professional organization of over 5300 not-for-profit nursing homes, continuing care retirement communities, assisted living and senior housing facilities and community service organizations. More than half of AAHSA members are religiously sponsored.

**AMERICANS WITH DISABILITIES ACT
ADA**

A federal law defining public access requirements to buildings and services. Also prohibits disability-based discrimination in hiring and requires reasonable accommodations at the work site.

**AREA AGENCY ON AGING
AAA**

A federally mandated organization that provides planning, advocacy and funding for counties. The agency provides guidance to counties in planning for services to meet the needs of persons age 60 or older. There are 18 Area Agencies on Aging in North Carolina and they are housed in regional councils of governments, planning commissions or economic development commissions.

**ASSISTED LIVING
AL**

Residence that provides group housing and services for two or more unrelated adults. The program makes available at a minimum, one meal a day and housekeeping services, and provides personal care services directly or through a formal written agreement with one or more licensed home health agencies. Nursing services provided to an individual in an assisted living residence may not exceed those allowed under Medicare home health regulations. Assisted Living complexes may be one of these types: Adult Care Home, Family Care Home, Group Homes for Developmentally Disabled, or Multi-unit Assisted Housing with Services.

**CABARRUS COUNTY
C OR CAB**

One of the eight counties within the geographic area of Region F.

**CENTRALINA COUNCIL OF GOVERNMENTS
CCOG**

The regional organization established by the State of North Carolina to house services to assist local government entities and the Area Agency on Aging.

**CERTIFICATE OF NEED
CON**

A law used by the state of North Carolina to prohibit health care providers from acquiring, replacing or adding to their facilities and equipment, except in specified circumstances, without the prior approval of the Department of Health and Human Services. The fundamental premise of the CON law is that increasing health care costs may be controlled by governmental restriction on the unnecessary duplication of medical facilities.

**CERTIFIED NURSING ASSISTANT
CNA**

A person who provides 80-90% of hands-on caregiving to residents/patients in home or institutional settings and has completed training as defined by the certification process. CNA's may be certified at Levels 1, 2 or 3.

**CHARLOTTE-MECKLENBURG SENIOR CENTER
CMSC**

Provider of senior center operations and other services for older adults in Mecklenburg County.

**CHARLOTTE-MECKLENBURG YOUTH COUNCIL
CMYC**

Provider of Title V services in Mecklenburg County.

**CHRONIC DISEASE SELF MANAGEMENT PROGRAM
CDSMP**

This is an evidence-based health promotion and disease prevention program designed by Stanford University to reduce the risk of disease and disability among seniors. The program provides information and teaches practical skills on managing chronic health problems.

**COMMUNITY ADVISORY COMMITTEE
CAC**

Volunteer committees, appointed by the County Commissions, acting as a representative of the community to assure quality of care and uphold the Bill of Rights.

**COMMUNITY ALTERNATIVES PROGRAM
CAP**

A Medicaid waiver program that provides community-based services to disabled adults, mentally retarded adults, and children who meet the medical requirements for nursing home level care. CAP services may include traditional Medicaid home health services (nursing, physical therapy, home

health aide, etc.), as well as services not generally available under Medicaid (home delivered meals, *respite care*, *chore services*, etc.).

CONSUMER DIRECTED SERVICES

CDS

Consumer Directed Services is a service delivery method that gives the consumer control of determining how the dollars will be spent to provide care.

CONTINUING CARE RETIREMENT COMMUNITY

CCRC

Term used to describe housing and other services specifically for older adults. Typical services may include meals, linen, activities and security. CCRCs offer a continuum of care from independent living to skilled nursing. Individual communities charge an entrance fee, a monthly fee and/or a fee increase as care needs change.

COUNCIL ON AGING

COA

One of several generic terms used to name providers of local aging services. (Examples: Iredell Council on Aging, Mecklenburg County Council on Aging and Council on Aging in Union County.)

DEPARTMENT OF HEALTH AND HUMAN SERVICES

DHHS

In the organization chart of both the state and federal governments, aging services are part of the responsibilities of this agency.

DEPARTMENT OF INSURANCE

DOI

State agency responsible for issuing a license to a CCRC and under which the SHIIP program is administered.

DEPARTMENT OF SOCIAL SERVICES

DSS

The agency on both state and county levels which is responsible for administering services such as Adult Protective Services, Medicaid, Placement, and others. Several DSS agencies in Region F also provide services for older adults through the HCCBG funding.

DIRECTOR OF NURSING

DON

A registered nurse who supervises nursing services in long term care facilities and other health programs.

**FAMILY CARE HOME
FCH**

A type of assisted living that provides care for two to six unrelated residents in a family-like setting. The homes are often found in residential communities and have around the clock or live-in staff that prepare meals, give medications and provide help with activities of daily living. They are licensed by the North Carolina Department of Health and Human Services and are monitored by the county Department of Social Services.

**FAMILY CAREGIVER SUPPORT PROGRAM
FCSP**

Caregivers are now in the forefront of an exciting federal initiative. In November 2000, the U.S. Congress reauthorized the Older Americans Act with the addition of the National Family Caregiver Support Act. The new Act provides much needed focus on support programs for family caregivers.

**FISCAL YEAR
FY**

The financial accounting year. For the Area Agency on Aging, the fiscal year is July 1 through June 30.

FL2

A medical summary form completed by a physician that determines level of care. An FL2 is needed for admission to an assisted living facility or nursing home. The form may be obtained at a physician's office, at DSS or from a hospital discharge planner.

**GASTON
G OR GAS**

One of the eight counties within the geographic area of Region F.

**HEALTH CARE FINANCING ADMINISTRATION
HCFA**

The federal agency that funds and administers Medicare.

**HEALTH DEPARTMENT
HD**

The agency on both state and county level that is responsible for administering health services for the general public.

**HOME AND COMMUNITY CARE BLOCK GRANT
HCCBG**

Block Grant established to provide a single funding stream for a wide variety of community programs for persons aged 60 and above.

**HEALTH PROMOTION DISEASE PREVENTION
HPDP**

Services designed to help promote healthy lifestyles and prevent disease funded with Older Americans Act funding.

**INFORMATION AND ASSISTANCE
I & A**

Service funded in some counties to provide information and access to services for older adults.

**INFORMATION AND REFERRAL SOFTWARE
IRis**

A computer system used by Region F to support the regional database.

**INSTRUMENTAL ACTIVITIES OF DAILY LIVING
IADL**

Basic tasks that may not be a part of people's regular day, but are essential to living independently, such as paying bills, shopping, and using the telephone.

**INTERFAITH COALITION ON AGING
ICOA**

A coalition established on the state level and in some counties to bring together advocates from different religious denominations to address the needs of the older adult.

**INTERMEDIATE CARE FACILITY
ICF**

A nursing facility level of care that provides medical care that is less intensive than Skilled Nursing (SNF) while ensuring the daily availability of nursing services. Medicaid pays for skilled and intermediate care. Medicare pays only for skilled care.

**INVITATION FOR BID
IFB**

Method used by some agencies to solicit price quotes for services in order to determine which bidder has submitted the best proposal for services.

**IREDELL
I OR IRE**

One of the eight counties within the geographic area of Region F.

**LINCOLN
L or LIN**

One of the eight counties within the geographic area of Region F.

**LONG TERM CARE OMBUDSMAN
LTCO**

A representative who investigates and resolves complaints made by or on behalf of older individuals who are residents in long term care facilities.

**MECKLENBURG
M or MECK**

One of the eight counties within the geographic area of Region F.

MEDICAID

A medical assistance program for low-income persons administered by the state. To be eligible a person must meet income and assets limits and be aged, blind, disabled or a member of a family with dependent children or a pregnant woman. The program is based on federal and state regulations.

MEDICARE

A federal health insurance program for people 65 or older and/or certain disabled individuals. Social Security Administration offices across the country take applications and provide general information.

MEDICARE SUPPLEMENT

Private insurance that pays deductibles and co-payment amounts for policyholders.

**NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING
NAAAA or N4A**

The national association for professionals working in area agencies on aging.

**NATIONAL ASSOCIATION OF STATE UNITS OF AGING
NASUA**

The national organization for professionals working in state aging agencies.

**NATIONAL COUNCIL ON AGING
NCOA**

A private, nonprofit organization or public agency that serves as a county focal point on aging and traditionally provides supportive services to older adults (located in some, but not all counties). Sometimes these are advisory boards to the county board of commissioners.

**NORTH CAROLINA DIVISION OF AGING AND ADULT SERVICES
NCDOAAS or DOAAS**

The lead agency in North Carolina responsible for planning services for older adults, advocating for the needs of older adults, and allocating funding for services for older adults.

NOTIFICATION OF GRANT AWARD
NGA

Official correspondence notifying an organization that the agency and designated services have been approved for funding.

NURSING HOME COMMUNITY ADVISORY COMMITTEE
NHCAC

Volunteer committee, appointed by the County Commissions, acting as a representative of the community to assure quality of care and uphold the Bill of Rights in nursing homes.

NURSING HOMES
NH

A health care facility licensed by the State to provide long term medical services under a physician's order and under standards set by state and/or federal regulations.

OFFICE ON AGING
OA

One of several generic terms used to name providers of local aging services.

OLDER AMERICANS ACT
OAA

Federal law that establishes the aging network and its responsibilities for older adults.

OMBUDSMAN

Staff within the Area Agency on Aging who advocate for rights of residents living within long term care facilities. This program promotes increased community involvement, educates the public on long term care, works to resolve grievances, and promotes elder abuse prevention through increased awareness.

OMNIBUS BUDGET RECONCILIATION ACT
OBRA

A federal law enacted in 1987 that made major nursing home reform. In 1989, smaller changes were enacted.

PERFORMANCE BASED CONTRACTING
PBC

Method used by North Carolina to assure that contractors are paid based on performance.

REGION F

The region of the state designated to include Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly and Union Counties.

**REGION F AGING ADVISORY COMMITTEE
RFAAC**

Advisory group mandated by the Older Americans Act to assist the Area Agency on Aging.

**REQUEST FOR PROPOSALS
RFP**

Method used by some granting organizations to get information from agencies applying for funds for a specific project.

**RETIRED AND SENIOR VOLUNTEER PROGRAM
RSVP**

Encourages volunteerism among retired and senior adults 55 years of age and older.

**ROWAN
R or ROW**

One of the eight counties within the geographic area of Region F

SECTION 8 HOUSING

Subsidized housing by the Department of Housing and Urban Development. This program provides housing that determines rent based on financial need.

**SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM
SCSEP**

Federal program to provide funds to subsidize jobs for older adults and train them to re-enter the unsubsidized job market.

**SENIOR FRIENDLY COMMUNITY or LIVABLE AND SENIOR FRIENDLY
COMMUNITIES
SFC**

New term that describes the framework for communities to promote quality of life for all citizens, including seniors. The components are : Physical Environment, healthy Aging, Economic Security, Technology, Safety and Security, Social and Cultural Opportunity, Access and Choice in Services and Supports, public Accountability and Responsiveness.

**SENIOR MEDICARE PATROL
SMP**

Senior Medicare Patrol is a national network of trained volunteers and counselors in community-based projects which use the skills and expertise of retired professionals and community elders to educate seniors about how to take an active role in the detection, prevention and reporting of health care errors, fraud and abuse – a problem which some estimate costs as much as \$160 billion a year.

SENIOR SERVICE DEPARTMENTS

SSD

One of several generic terms used to name providers of local aging services. (Examples: Lincoln County Senior Services, Rowan Senior Services, and Stanly Senior Services)

SENIORS HEALTH INSURANCE INFORMATION PROGRAM

SHIIP

Provides information on Medicare, Medicare supplement insurance and long term care insurance and provides assistance and counseling with health insurance problems.

SKILLED NURSING FACILITY

SNF

A level of care in a nursing home that provides 24 hour a day nursing services for a person who has serious health care needs but does not require the intense level of care provided in a hospital. Many of these facilities are federally certified which means they may participate in the Medicaid or Medicare program.

SOCIAL SERVICES BLOCK GRANT

SSBG

Funding stream from national and state government to departments of social services to fund some social services.

SOUTHEASTERN ASSOCIATION OF AREA AGENCIES ON AGING

SE4A

Regional Association of Area Agencies on Aging which includes the states of Florida, Georgia, Alabama, North Carolina, South Carolina, Tennessee, Mississippi, and Kentucky.

SPECIAL ASSISTANCE

SA

Financial assistance to residents of long term care who have limited incomes.

STANLY

S or STA

One of the eight counties within the geographic area of Region F

STATE UNIT ON AGING

SUA

Agency mandated by the Older Americans Act to operate at the state level for implementation of older adult services.

SUPPLEMENTAL SECURITY INCOME

SSI

Supplemental Security Income (SSI) is an income maintenance program administered by the Social Security Administration for older adults, people

with disabilities or visual impairments, and those who have limited resources and income.

TITLES OF THE OLDER AMERICANS ACT

Portions of the Older Americans Act that establish funding.

III-B SOCIAL SERVICES

Includes services like Transportation, In-Home Aide, Respite, Care Management, Information and Assistance, and Senior Center Operations.

III-C NUTRITION SERVICES

Includes Congregate and Home Delivered Meal programs.

III-D IN-HOME SERVICES

Provides additional funding for In-Home Services.

III-F HEALTH PROMOTION/DISEASE PREVENTION SERVICES

Provides funding for programs that prevent disease and promote health and wellness.

V SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

Funds the subsidized part time work program for persons over age fifty-five.

UNION

U or UNI

One of the eight counties within the geographic area of Region F

UNITED STATES DEPARTMENT OF AGRICULTURE

USDA

Federal agency that establishes subsidy rate for meals for congregate and home delivered meal services.

VETERANS ADMINISTRATION

VA

A federal agency that will provide some health care and reimbursement for those who have served in the armed forces.

Revised 0907

