

# Objectives

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At the end of the Class Leader Training, Class Leaders will be able to:

1. Conduct the *Powerful Tools for Caregivers* program with a trained co-leader.
2. Use the *Class Leader Scripts*, *Class Leader Tips*, and the accompanying *Caregiver Helpbook*.
3. Use five self-efficacy enhancing strategies: skill mastery through making an action plan, solution-seeking, modeling technique, reinterpretation of beliefs and thoughts, and persuasion.
4. Successfully apply the following training techniques: leader presentation, discussion, brainstorming, modeling and practice, feedback and solution-seeking, and brief dramatization.
5. Manage challenging situations that arise in a group learning situation.
6. Direct participants to available resources when questions arise that are not addressed in the program.
7. Carry out the program implementation as determined by the sponsoring agency or organization.