



Centralina Area Agency on Aging
Living Healthy with Diabetes: Diabetes
Self-Management Program
Leader List

Name	County	Agency/Organization Affiliation	Date Certified
Alvi Houston	Mecklenburg	Mecklenburg DSS Adult Services	May 2010
Angel Stoy-Trietley	Cabarrus	Cabarrus Department of Aging/Senior Centers	May 2010
Ashley Sassano	Mecklenburg	Arthritis Services	May 2010
Doris Graham	Gaston	Gaston Senior Center	May 2010
JoAnn Rathbun	Mecklenburg	Mecklenburg DSS Adult Services	May 2010
Kylie Adams	Cabarrus	Cabarrus Senior Centers	May 2010
Melinda Houser	Lincoln	Lincoln Cooperative Extension	May 2010
Mildred Johnson	Iredell	AARP	May 2010
Mona Sossoman	Cabarrus	Cabarrus Department of Aging/Senior Centers	May 2010
Myra Green	Mecklenburg	Charlotte Mecklenburg Senior Centers/Shamrock Senior Center	May 2010
Pat Whitten	Mecklenburg	Centralina AAA	May 2010
Sue Brooks	Lincoln	Lincoln Senior Services	May 2010
Vicki Day	Mecklenburg	Mecklenburg DSS Senior Nutrition	May 2010

Region F Master Trainers

Name	Affiliation
Doris Uliss	AARP
Larry Watts	Plantation Estates at Matthews

Region F Coordinator and Master Trainer

Name	Affiliation	Email	Phone
Linda Miller	Centralina AAA	lmiller@centralina.org	704-348-2712 1-800-508-5777