



Centralina Area Agency on Aging
Living Healthy: Chronic Disease
Self-Management Program
Leader List

Name	County	Agency/Organization Affiliation	Date Certified
Alvi Houston	Mecklenburg	Mecklenburg DSS Adult Services	September 2008
Angel Stoy-Trietley	Cabarrus	Cabarrus Department of Aging Senior Centers	September 2008
Angela DePietro	Anson	Anson Council on Aging Volunteer	June 2009
Angela Schlottman	Mecklenburg	Centralina Area Agency on Aging	June 2009
Ann Simmons	Iredell	Iredell NC Cooperative Extension	February 2008
Annette Demeny	All	Centralina Area Agency on Aging	August 2010
Ashley Sassano	Mecklenburg	Arthritis Services	April 2010
Barbara Guthrie	Mecklenburg	Levine Senior Center Matthews	June 2009
Beth Croom	Cabarrus	Volunteer	April 2010
Bonnie Rushing	Union	Union Council on Aging Volunteer	April 2010
Brenda Mitchell	Iredell	Iredell COA	February 2011
Caroline Mette	Mecklenburg	Charlotte Mecklenburg Senior Centers – Tyvola Senior Center	April 2010
Cheryl Roberts	Mecklenburg	North Mecklenburg Senior Center Volunteer	September 2008
Cliff Roberts	Mecklenburg	North Mecklenburg Senior Center Volunteer	September 2008
Cora Witmore	Union	Union Council on Aging Volunteer	April 2010
Donna Taylor	Mecklenburg	CCPGM	February 2011
Doris Graham	Gaston	Gaston Senior Center	June 2009
Eileen Polak	Union	Volunteer	April 2010
Elaine Bouldin	Gaston	Gaston Senior Center	February 2011
Faye Hinson	Union	Union Council on Aging	April 2010
Gail Poulton	Rowan	Rufty Holmes Senior Center	June 2009
Ginger Watkins	Mecklenburg	North Mecklenburg Senior Center Volunteer	April 2010
Isabelle Howard	Stanly	Stanly Senior Services Volunteer	June 2009
Jacquelyn Butch	Cabarrus	CCPGM	February 2011
Joan Dickey	Union	Volunteer	April 2010
JoAnn Rathbun	Mecklenburg	Mecklenburg DSS Adult Services	September 2008
Joanne Ahern	Mecklenburg	Charlotte Mecklenburg Senior Centers – North Mecklenburg Senior Center	September 2008

Name	County	Agency/Organization Affiliation	Date Certified
Johnsie Barringer	Stanly	Stanly Senior Services Volunteer	April 2010
Karen Johnson	Mecklenburg	Hunter Woods Nursing	February 2011
Katie Kutcher	Mecklenburg	Centralina Area Agency on Aging	September 2008
Karen Treasure	Mecklenburg	Mecklenburg DSS	February 2011
Kristin Rutherford	Mecklenburg	CCPGM	February 2011
Linda Carlisle	Stanly	Stanly Senior Services Volunteer	June 2009
Linda Griffin	Anson	CCPGM	February 2011
Linda Johnson	Mecklenburg	Volunteer	February 2011
Linda Minges	Gaston	Gaston NC Cooperative Extension	June 2009
Linde Jensen	Gaston	Gaston Memorial Hospital	June 2009
Lisa Marisiddaiah	Gaston	Gaston Parish Nurse Ministry	June 2009
Lisa Martinez	Mecklenburg	Centralina Area Agency on Aging	April 2010
Marilyn Morenz	Mecklenburg	Hospice and Palliative Care Charlotte Region	February 2011
Marty Garges	Mecklenburg	Charlotte Mecklenburg Senior Centers Inc. – Tyvola Senior Center	April 2010
Melinda Houser	Lincoln	Lincoln NC Cooperative Extension	June 2009
Melissa Wheeler	Mecklenburg	Blumenthal Cancer Center	February 2011
Meredith Leatherwood	Gaston	CCPGM	February 2011
Michelle Smith	Mecklenburg	CCPGM	February 2011
Mildred Johnson	Iredell	AARP Volunteer	June 2009
Mona Sossoman	Cabarrus	Cabarrus Department of Aging Volunteer	September 2008
Myra Green	Mecklenburg	Charlotte Mecklenburg Senior Centers – Shamrock Senior Center	June 2009
Myra Lowden	Union	Union Council on Aging Volunteer	April 2010
Nichole Filyaw	Mecklenburg	Blumenthal Cancer Center	February 2011
Pat Whitten	Mecklenburg	Centralina Area Agency on Aging	September 2008
Rita Short	Anson	Anson Council on Aging	June 2009
Ruth Dobbins	Lincoln	Volunteer	February 2011
Sheila Mobley	Union	Novant/Monroe Aquatics and Fitness Center	February 2011
Shelley DiDonato	Rowan	Ruffy Holmes Senior Center	June 2009
Sue Brooks	Lincoln	Lincoln Senior Services	June 2009
Susan Whitley	Stanly	Stanly Senior Services	April 2010
Tracey Leitner	Union	Novant/Monroe Aquatics and Fitness Center	February 2011

Name	County	Agency/Organization Affiliation	Date Certified
Vicki Day	Mecklenburg	Mecklenburg DSS Adult Services	September 2008

Region F Master Trainers

Name	Affiliation
Larry Watts	Plantation Estates at Matthews
Lisa Ugland	National MS Society - Volunteer
Sarah Jackson	RSVP (Charlotte Mecklenburg Senior Centers)

Region F Coordinator and Master Trainer

Name	Affiliation	Email	Phone
Linda Miller	Centralina AAA	lmiller@centralina.org	704-348-2712 1-800-508-5777

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